

NO COST Programs for Older Adults



Independence at Home, a SCAN Community Service, is expanding services in Riverside County!

Insights

- Short-term mental health support talk therapy
- Currently available via telephone and/or virtual platforms
- Mental health specialists are Licensed Clinical Social Workers or Licensed Marriage and Family Therapists
- In-home visits will be reinstated when safe to do so

Friendly Caller

- Matches isolated older adults with a volunteer who will call them on a regular basis
- Volunteers go through a background check and are trained
- Older adults and volunteers have an opportunity to build an ongoing friendship based on common interests

For more information call 1-866-421-1964
Services Available in English & Spanish



Independence at Home provides no-cost programming, support, and resource referrals for older adults ages 55+ as well as caregivers of people 55+ in Riverside County. You do NOT need to be a SCAN Health Plan Member to participate.