

Inland Caregiver Resource Center

Virtual Caregiver Support Groups

ICRC is offering **Virtual Support Groups** to all family caregivers.
Participate online or via telephone. Questions? Call us at **(800) 675-6694**.

When: 1st Monday/monthly
Time: 10:00 - 12:00 pm
Facilitator: Michelle Bland
Registration: [Click here](#)



When: 1st Wednesday/monthly
Time: 2:00 - 4:00 pm
Facilitator: Saige Downs
Registration: [Click here](#)

When: 2nd Wednesday monthly
Men Caregiver
Time: 1:00 -3:00 PM
Facilitator: David Fraser
Registration: [Click Here](#)

Registration Required
Call for information about Zoom

When: 3rd Wednesday/monthly
Placed Care Receiver
Time: 6:00 -8:00 PM
Facilitator: Darlene Merkler
Registration: [Click here](#)

When: 2nd Thursday/monthly
Time: 2:00 - 4:00 pm
Facilitator: Jennifer Navarro
Registration: [Click here](#)

When: 3rd Monday/monthly
Time: 3:00 - 4:30 pm
Facilitator: Michelle Downs
Registration: [Click here](#)

When: 3rd Thursday/monthly
Time: 6:00 - 7:30 pm
Facilitator: Darlene Merkler
Registration: [Click here](#)

When: 2nd Tuesday/monthly
Sandwich Generation
Time: 10:00 -12:00 PM
Facilitator: Eva Zamora
Registration: [Click Here](#)

When: 3rd Tuesday/monthly
Time: 10:00 - 12:00 pm
Facilitator: Tanya Brown
Registration: [Click here](#)

When: 4th Wednesday/monthly
Traumatic Brain Injury/Stroke
Time: 10:00 -12:00 PM
Facilitator: Tanya Brown
Registration: [Click Here](#)

When: 2nd Thursday/monthly
Parkinson's Disease Specific
Time: 10:00 - 12:00 pm
Facilitator: Jennifer Navarro
Registration: [Click here](#)

When: 3rd Thursday/monthly
Time: 1:00 – 3:00 pm
Facilitator: ICRC Staff
Registration: [Click here](#)

When: Last Thursday/monthly
Time: 2:30 - 4:30 pm
Facilitator: Darlene Merkler
Registration: [Click here](#)

Contact us:



www.inlandcaregivers.org
(800)675-6694
(909)514-1404