

Join us in our **NEW LGBTQ+ Senior Program**

# Better Together!



**FOR INDIVIDUALS WHO IDENTIFY WITH THE LESBIAN, GAY, BISEXUAL, TRANSGENDER, QUEER, QUESTIONING, ETC (LGBTQ+) SENIOR COMMUNITY**

This new 7-week program will help individuals connect to different support and social groups while creating a safe space. This safe space is for all to come together to socialize, interact, and reflect with one another through various themed activities related to self-care, stress management, support systems, and much more!



**To register, click the link, scan the QR code with a smartphone camera, or call**

Sessions provided  
by Loma Linda  
University  
Occupational  
Therapy Students

Online interactive  
group sessions filled  
with arts and crafts,  
physical activities,  
and other social  
activities!

Starting:

**April 13, 2021**

**10:30-11:30AM**

**Every Tuesday**

**via Zoom**

[To register click here](#)

**CALL 800-675-6694**

EMAIL:

INFO@INLANDCAREGIVERS.ORG

**INLAND CAREGIVER  
RESOURCE CENTER**



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